



Training Courses



NORTH STAR
ACADEMY TRUST

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TEAM TEACH LEVEL ONE (6hr) COURSE IN POSITIVE BEHAVIOUR MANAGEMENT

Friday 17th March 2023, 8:30am – 3:30pm

Venue: TBC

Cost: £100 per person

Capacity: 24 trainees

The course is led by North Star Academy Lead Speech and Language Therapist, Elaine Cruse, and Project Lead, Ollie Benzie. Both have worked at NSAT for several years and have led Team Teach training sessions both internally and externally.



This course will equip individuals with an understanding of the values and philosophy of the Team Teach approach; motivated by the need to support the individual with the aim of keeping those who have become distressed safe, as well as those around them.

We believe that all behaviour is communication being driven by experiences and emotions. We deliver a toolkit approach that is 95% understanding behaviours and encouraging de-escalation. The 5% assesses the need for physical intervention in conjunction with a need's analysis.

Who is this course for?

Anyone who is operating in a low-risk primary or secondary school setting would benefit from this course, which offers a grounding in positive behaviour management strategies applicable across these environments. This course is also suitable for anyone working in low-risk adult or children's service settings.

Learning Outcomes

Participants will learn how to;

- Increase understanding and awareness of behaviour as communication and develop a framework to better respond to reduce risk
- Develop a greater team dynamic in supporting individuals who are distressed with approaches that have impact and strengthen relationships
- Utilise a toolkit of holistic strategies on de-escalation and crisis intervention, both verbal and non-verbal for supporting with disruptive and distressed behaviours
- Execute simple and safe positive handling techniques including personal safety, appropriate for a low-risk environment (If required by your setting). Our techniques are situated within a respectful, supportive approach to behaviour support strategies which maintains positive relationships.

This course is organised into 8 modules:

Module 1 - Background to Team Teach

Module 2 - The Legal Framework

Module 3 - Understanding Aggression

Module 4 - How Feelings Drive Behaviours

Module 5 - De-escalation and De-fusion

Module 6 - Personal Safety

Module 7 - Positive Handling – mainly guiding and escorting safely*

Module 8 - Repair, Reflection and Review

* If a greater degree of holding is required, please refer to the Level Two – 12 Hour course.

To book a place on this course, please [click here](#) to fill in our booking form.

For more information please contact elaine.cruse@northstar-academy.co.uk or ring 0117 3772175

SPEECH AND LANGUAGE THERAPY

North Star Academy Trust can offer a range of Speech and Language Therapy provision from individual assessment of one child to a whole school package involving training of staff, screening of children/young people and regular intervention.

Around 10% of all children have long term Speech Language and Communication Needs (SLCN) and 81% of children with Social Emotional and Mental Health (SEMH) needs have significant unidentified language deficits. When problems persist beyond age 5, a child is at risk for low outcomes in education and employment.

We can support with:

- Attention and listening skills · Difficulties using language
- Speech sound difficulties · Literacy and Vocabulary
- Difficulties understanding language · Social communication skills

Lead Speech and Language Therapist

Assessments and interventions are carried out by NSAT's Lead Speech and Language Therapist, Elaine Cruse.

Elaine has over 20 years experience as a Speech and Language Therapist and has been working at North Star Academy Trust for the past twelve years.

Elaine has experience working with pre-school and school age children and adults with a range of communication difficulties including speech delay/disorder, receptive and expressive language delay, Developmental Language Disorder (DLD) and social communication difficulties. Elaine has worked in a range of settings including specialist nurseries, special schools and mainstream schools.

Elaine is experienced in delivering training including a variety of Elklan courses.

Costings:

Initial Assessment & Detailed Report - £120

Lasting approximately 90 minutes. This initial assessment will take place at your school.

A Speech and Language Therapist will discuss the child's development & history, followed by age appropriate formal (standardised) and informal (playing/looking at books/talking with the child) assessments.

Following the completion of a full initial assessment, the Speech and Language Therapist will provide a detailed report. This report will contain analysis of speech, language and communication needs, specific intervention recommendations and strategies.

These reports can be used to enable follow on discussion and guidance for Schools and other professionals, especially when considering next steps and any ongoing support requirements.

Intervention sessions £50

Lasting 45 minutes. Delivered in person at your school.

Following an initial assessment, if Speech and Language Therapy sessions are recommended and appropriate, a programme can be tailored to the needs of the child. School staff are encouraged to observe sessions and will be provided activities and materials, enabling follow up.

Progress will be regularly reviewed against targets and discussed with parents or carers.

Other Services are available on request and costing can be provided. Contact us to discuss your school's specific needs and how we might be able to help.

email: elaine.cruse@northstar-academy.co.uk Tel: 0117 3772175



NORTH STAR OUTREACH INSET TRAINING

NSAT are now offering INSET training for schools to support their understanding and planning for SEMH.

Who will be running the training?

Head of North Star Outreach (NSO), Dawn Edwards will run the INSET training.

NSO are the trust's dedicated team who provide effective early intervention and work with colleagues in mainstream primary schools to support and manage children identified as having social, emotional and mental health (SEMH) needs. The team advise and support schools to plan and implement provision so that children with SEMH improve their overall outcomes, attendance and engagement.

What can we offer?

NSO can support schools with their audit of need in this area and joint plan next steps. The INSET offer will be bespoke to the needs of the school and confidence and experience of the staff.

Typical training packages include:

- 'SEMH - gaining a shared understanding',
- 'Trauma-informed schools - putting policy into practice',
- 'ADHD - definition, understanding and strategies'
- Individual sessions on tools such as ABC Charts and 5 Point Scales.

Please contact dawn.edwards@northstar-academy.co.uk to discuss.





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